

# Curriculum Vitae

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Dr SR Sundararajan

## **Personal Details**

Name : Dr S R Sundararajan

Permanent Address : Brindavan  
No 5, Sringer nagar ext  
Bharathi colony II east ext  
Peelamedu  
Coimbatore 641004

Telephone : 91 422 2565359, 09843256545

Email : sundarbone70@hotmail.com

Date of Birth : 20.10.1969

Marital Status: : Married, one child

**Qualifications**

XII Standard : St Joseph's College & Secondary  
School, Trichy, India

MBBS Degree : Chingleput Medical College  
Madras University 1986-1992  
Tamilnadu, India

Post Graduation in  
Orthopaedics : JJM Medical College  
Kuvempu University 1994-1997  
Karnataka, India

Fellowship in Arthroscopy  
and Arthroplasty : Flinders medical Centre, Australia  
2002 -2003

Fellowships : LARS France, Duke University, USA

## **POSITIONS**

- Senior consultant** - Arthroscopy , Foot and Ankle  
Ganga Hospital,Coimbatore
- Vice President** - Indian Association of SportsMedicine
- President Elect** - Indian Foot and Ankle society
- General council member** - Indian Arthroscopy society
- Treasurer** - Tamilnadu Arthroscopic society
- Journal Reviewer** - IJO,JAJS ,APOA Foot and Ankle

## **AWARDS**

- 1 Best paper award - Indian Arthroscopy society 2008 GOA
- 2 Best paper award - Indian Arthroscopy society 2013 Mumbai
- 3 Prof Ramanathan consultant Gold medal - TNOA 2013 Tanjore
- 4 Prof Ramanathan consultant Gold medal -TNOA 2014 Chennai

## **Teaching experience**

Postgraduate DNB -18 years

FNB Trauma -7 years

FNB -Sports medicine 2 years

Examiner DNB and MGR University Fellowship exams

## **Organizing secretary**

Indo US Foot and ankle conference 2011

Ganga trauma course 2012

34 th Annual conference of Indian association of sports medicine IASM 2013

Ganga Arthroscopy course 2015

## **Programme co-ordinator**

Ganga operative trauma course            2014

## **LECTURES AND PRESENTATIONS**

1. Foot and Ankle fractures in Diabetis Mellitus - INDO-US Foot and ankle course Bangalore Jan 2015
2. Compartmental syndrome in Foot and Ankle - INDO-US Foot and ankle course Bangalore Jan 2015
3. Tendo Achilles tendinopathy - IASM JAN 2015
4. Principles of menisectomy-Cadaveric course TNAS Ramachandra university Feb 2015
5. Cadaveric demonstration of ACL Reconstruction - Cadaveric course TNAS Ramachandra university Feb 2015
6. Posterolateral Reconstruction.when and why? Ganga Arthroscopy course March 2015
7. Panel discussion ACL and Associated injuries ? Ganga Arthroscopy course March 2015
8. Panel discussion PCL and Multiligamentous changes ? Ganga Arthroscopy course March 2015
9. Panel discussion Shoulder Instability? Ganga Arthroscopy course March 2015
10. Panel discussion Cuff pathology? Ganga Arthroscopy course March 2015
11. Clinical evaluation knee Sports Rehabilitation -? Ganga Arthroscopy course March 2015
12. Live surgery demonstration –ACL PTB Graft - Ganga Arthroscopy course March 2015
13. Live surgery demonstration –Arthroscopic PCL Reconstruction using Hamstrings graft - Ganga Arthroscopy course March 2015
14. Metatarsalgia-IFAS Symposium Kochin 2015
15. Charcots fracture-when to operate? IFAS Symposium Kochin 2015
16. Tips and Tricks in Talus fractures -IFAS Symposium Kochin 2015

17. Arthroscopic management of Anterior impingement Ankle - IFAS Symposium Kochin 2015
18. Femoral tunnel length in suspensory fixation- Pune knee course 2015
19. Rotator cuff tear repair-Bangalore cadaveric course 2015
20. Surgery demonstration in Rotator cuff tear- Bangalore cadaveric course 2015
21. Hamstring Harvesting technique –Cadaveric course Chennai 2015
22. PTB Harvesting technique- Cadaveric course Chennai 2015
23. Management of neck fractures in poliomyelitis TNOA 2015
24. Management of charcots joint in ankle and hindfoot. Is it still a challenge?---won the Prof Ramanathan Gold medal award TNOACON 2014, CHENNAI
25. Knee sports injuries-coimbatore orthopaedic society may 2014
26. How to diagnose ligamentous injuries knee-IME Meeting Namakkal April 2014
27. Talus fractures –webinar by IFAS 2014
28. BPTB ACLR : Does it still have a role ?-ISKSA 2014, Delhi
29. Arthroscopic Bankart repair-video techniques - ISKSA 2014, Delhi
30. Arthroscopic Grading of Articular cartilage - ISKSA 2014, Delhi
31. Single bundle vs Double bundle reconstruction ACL IAS 2014 Hyderabad
32. Posterolateral reconstruction, IAS 2014 Hyderabad
33. Subacromial decompression, IOACON 2014 Hyderabad
34. Anatomical ACL Reconstruction IOACON 2014 Hyderabad
35. Live surgery Demonstration PCL Reconstruction IOACON 2014 Hyderabad
36. Management of charcots in ankle and Hindfoot -presented in Dolakia Gold medal session in IOACON Hyderabad 2014

- 37.Video demonstration in Bankarts repair –cadaveric course Bangalore June 2014
- 38.TIPS AND TRICKS CUFF REPAIR- cadaveric course Bangalore June 2014
- 39.Soft Tissue Injury considerations in fractures –Ganga Basic trauma course 2014
- 40.Management of open Foot and Ankle fractures in International Foot and Ankle course 2014 Chennai
- 41.Paediatric Ankle Fractures in International Foot and Ankle course 2014 Chennai
- 42.Tibial Pilon Fracture -Indian Foot and Ankle society meeting, Pune 2014
- 43.Infection of Foot and Ankle - Indian Foot and Ankle society meeting Pune 2014
- 44.Poster presentation on neglected unreduced dislocation of MTP joint of great toe –TNOA 2014
- 45.Mechanism of knee sports injuries -types / Facts. IASMCN 2014 January, Jaipur
- 46.Clinical Examination of the Shoulder, IASMCN 2014 January 2014, Jaipur
- 47.Anatomical double bundle reconstruction in Elite Atheltie, IASMCN 2014 January, Jaipur
- 48.Tips and tricks in PCL Reconstruction –Video session, TNOACON 2014, CHENNAI
- 49.Emerging trends-Isolated and combined PCL injuries,TNOACON 2014, CHENNAI
- 50.Debate-Mini open Rotatar cuff repair -Shouldercon,cochin,Feb 2014.
- 51.Proximal Humerus fractures - Shouldercon, Cochin, Feb 2014
- 52.Acute and chronie tears of Quadriceps and patellar tendon tears- 2nd ISAKOS Knee course ,Chennai 2014
- 53.Panel discussion on Multiligament injuries –Pune Knee course 2014

54. PLATING FOR CALCANEAL FRACTURES –Ganga operative trauma course 2014
55. Percutaneous elevation and cancellous screw fixation of depressed lateral tibial condyle fractures –Ganga operative trauma course 2014
56. Live surgery demonstration –Posterolateral reconstruction-Delhi Arthroscopy course 2014
57. Acute posterolateral corner repair- Pune knee course 2014
58. Panel discussion in Multiligamentous injuries - Pune knee course 2014
59. Is Single stage reconstruction possible with autografts alone in multiligamentous chronic knee injuries? A prospective case series of 40 patients- poster presentation 58th Annual Conference of IOACON 2013 (Indian Orthopaedic Association Conference) Agra, December
60. Tips and tricks in PCL Reconstruction – Video session TNOA CON Chennai, February, 2014.
61. Video demonstration on Bankarts repair- TNOA CON Chennai, February, 2014.
62. Emerging trends-Isolated and combined PCL injuries TNOA CON Chennai, February, 2014.
63. Live surgery demonstration on percutaneous elevation of Tibial plateau fracture- Ganga Operative Trauma course, Coimbatore, June 2014.
64. Live surgery demonstration on Trochanteric fracture by PFN A2 -Ganga Operative Trauma course, Coimbatore, June 2014.
65. Common foot problems-coimbatore orthopedic society meeting Jan 2014
66. Is Single stage reconstruction possible with autografts alone in multiligamentous chronic knee injuries? A prospective case series of 40 patients-poster presentation IOACON 2013 Agra
67. Patellar instability - Arthroscopy assisted double bundled MPFL reconstruction using looped semitendinosus autograft. A prospective study of 25 cases IOACON 2013 Agra

68. Single bundle reconstruction of ACL .How anatomic I can get? Lecture in OASISCON AUG 2013 PONDICHERRY
69. MPFL reconstruction in patellar instability using double bundle semitendinosis autograft-A prospective series of 17 cases. It won the Prof Ramanathan CONSULTANT GOLD MEDAL in the TNOA conference, Tanjore 2013
70. Posterolateral reconstruction –My favourite technique, video presentation in TNOA 2013 Tanjore.
71. Clinical and pathological aspects of Anterior shoulder instability presented in sunrise shoulder CME Cochin April 2013
72. Video presentation of subacromial decompression and Acromioclavicular joint excision , presented in sunrise shoulder CME Cochin April 2013
73. Patella instability and MPFL reconstruction , AIOSKCON , Madurai May 2013
74. Role of Arthroscopy in subacromial decompression, AIOSKCON, Madurai, May 2013
75. Posterolateral corner injuries and reconstruction, AIOSKCON, Madurai May 2013
76. Management of common sports injuries IMA Vellore Aug 2013
77. Surgical reduction techniques---Direct and Indirect –AO Basic principles course, Coimbatore Aug 2013
78. Management of infections in fractures—Acute and Chronic - AO Basic principles course, Coimbatore Aug 2013
79. Extramedullary fixations-Bridging plate and external fixator -- AO Basic principles course, Coimbatore Aug 2013
80. Role of Arthroscopy in MPFL Reconstruction Dr pankaj, Dr S R Sundararajan -won the best paper award in the IIAS Mumbai 2013
81. Management of knee sports injuries –Dr S R Sundararajan, IASM 2013, Ganga Hospital, Coimbatore



82. Single/ Double bundle ACL reconstruction In Indian population- Dr S R Sundararajan, IASM March 2013, Ganga Hospital, Coimbatore
83. PCL reconstruction Tips and tricks- Dr S R Sundararajan, IASM March 2013, Ganga Hospital, Coimbatore
84. Diagnostic tests in ligamentous injuries of shoulder- IASM March 2013, Ganga Hospital, Coimbatore
85. Single bundle vs Double bundle vs Tibial inlay PCL Reconstruction. What is your preference and why? Dr S R Sundararajan Presented in the Combined Arthroscopy Sports Medicine meeting, CASM held in Jaipur 2012
86. Isolated PCL injuries. Is it Benign? Dr S R Sundararajan presented in the Indian orthopaedic association meeting held in Chennai 2012.
87. Complications of ACL reconstruction - How to avoid? presented in the Arthrex knee workshop in Bangkok in June 2012
88. PCL surgical technique - presented in the Arthrex knee workshop in Bangkok in June 2012
89. Arthroscopic ACL Reconstruction demonstration Arthrex knee workshop in Bangkok in June 2012
90. Paediatric knee sports injuries – current concepts, presented in the CME, Salem Kumaramangalam Medical college, June 2012
91. Functional Outcome of one stage reconstruction of Posterior Cruciate Ligament Combined Injuries of the Knee in chronic instabilities contested for Professor Ramanathan consultant medal in the annual meeting of TNOA 2012, Coimbatore
92. Tips and tricks in External fixator and its definite role in open fractures. Dr S R Sundararajan presented in the trauma conference, Ganga Hospital 2012
93. Management of bone defects in open fractures Dr S R Sundararajan presented in the trauma conference, Ganga Hospital 2012
94. Tibial plateau fractures and review of literature- AOA Adelaide Dec 2012

95. Management of bone defects in open fractures Management of Severely Injured Limbs, Ganga Hospital, Coimbatore, July 19-22, 2012
96. Tips and tricks in External fixator and its definite-role in open fractures- Management of Severely Injured Limbs, Ganga Hospital, Coimbatore, July 19-22, 2012
97. Tips and Tricks in the management of Talar neck Fractures –Annual meeting of Indian ankle and foot society meeting in Chennai-2011
98. Talar fractures-Indo-US ANKLE AND FOOT COURSE Ganga hospital 2011
99. Pantalar arthrodesis- Indo-US ANKLE AND FOOT COURSE Ganga hospital 2011
100. NEGLECTED PATELLA TENDON RUPTURES  
Reconstruction with HAMSTRINGS GRAFT  
Dr S R Sundararajan, ,contested for consultant medal in the annual meeting of TNOA 2011, Madurai
101. Surgical management principles in Distal tibia fractures  
Dr.S.R.Sundararajan –Ganga operative trauma course 2010
102. Failed DHS – not a quiet walk in the path – Ganga Orthopaedic Trauma Course, Coimbatore 2009.
103. Avoiding pitfalls in IM nail – Getting there smartly - Ganga Orthopaedic Trauma Course, Coimbatore 2009.
104. Tibial plateau fractures- Ganga Orthopaedic Trauma Course, Coimbatore 2009.
105. Cultures in open fractures- Ganga Orthopaedic Trauma Course, Coimbatore 2009.
106. Evaluation of clinical and functional outcome in the management of knee dislocation - Ganga Orthopaedic Trauma Course, Coimbatore 2009.
107. Arthroscopic management of knee injuries – Ganga Orthopaedic Physiotherapy Course, Coimbatore 2009
108. Functional anatomy and clinical examination of the knee joint - Ganga Orthopaedic Physiotherapy Course, Coimbatore 2009

109. Evaluation of functional and clinical outcome in knee dislocations. A retrospective study on 19 patients. Dr S R Sundararajan, contested for consultant medal in the annual meeting of TNOA 2009, Coimbatore
110. Arthroscopic management of ganglion cysts in relation to cruciate ligaments of the knee joint. Dr S R Sundararajan, won the best paper award in the annual conference of Indian arthroscopic society, Goa September 2008
111. Arthroscopic management of intra articular cysts of knee joint- A prospective study Dr S.R. Sundararajan, Annual meeting of TNOA 2008, awarded best paper in the arthroscopy session
112. A prospective study of functional evaluation of arthroscopic ACL reconstruction using PTB graft, annual meeting of TNOA 2007
113. The safety of primary closure in open injuries -, Dr S R Sundararajan AAOS 2006, Chicago
114. "Surgical management of bone defects in open fractures" -Lecture in the instructional course of IOA 2006 meeting held in Mumbai
115. "Study of serial wound cultures in open injuries: Are they of any value?" -Presented in the A.A.METHA gold medal session in IOA 2006 held in Mumbai
116. Management of bone defect in open injuries – Instructional Course Lecture on Open injuries, IOACON December 2005, Mumbai.
117. Study of bacterial flora in open fractures – Are they Value? AA Mehta Gold Medal Session, IOACON, Dec 2005, Mumbai
118. Intra articular osteochondral loose fragments as a cause for non congruent hip following reduction of hip joint - Asia Pacific Orthopaedic Association, September 2004, Malaysia
119. "Analysis of the outcome of total knee replacement arthroplasty in severe arthritic knees with varus deformity" in the 14th Triennial congress APOA 2004, Kuala Lumpur, Malaysia –Paper presentation
120. "Turn graft arthrodesis of knee with a long intramedullary nail" in the 14th Triennial congress APOA 2004, Kuala Lumpur, Malaysia - Paper presentation

121. "Open fractures of tibia with segmental bone loss – Simultaneous Vs Staged reconstructions" in the 14th Triennial congress APOA 2004,Kualalampur,Malaysia. Paper presentaion
122. "Prospective experimental study-Analysis of compartmental pressures in the closed interlocking nailing" in the 14th Triennial congress APOA 2004,Kualalampur,Malaysia.-Poster presentation
123. "Surgical Management of Segmental Fractures in Forearm" A Prospective Study in the Annual Conference of Tamilnadu Orthopaedic Association in January 2001
124. "Surgical Management of Tibial Avulsion of the Posterior Cruciate Ligament" in the Annual Conference of Indian Orthopaedic Association in December 1999 .
125. "Surgical Management of Tibial Avulsion of the Posterior Cruciate Ligament" in the Annual Conference of Tamilnadu Orthopaedic Association in January 1999.
126. "Is Primary Fixation Viable in Open Injuries of the Limb? – A Prospective Study in 206 Open Fractures" in the Annual Conference of Indian Orthopaedic Association December 1998 – poster presentation
127. Interesting case discussions-Talus and Calcaneal fractues-Mumbai webinar-OLA June 2015
128. Menisectomy -Tips and techniques-- IEAAS,SRMC Chennai ,july 15
129. PCL Reconstruction - IEAAS,SRMC Chennai ,july 15
130. Cadaveric PCL and PLC demonstration- IEAAS,SRMC Chennai ,july 15
131. Assesement of Glenoid and Hillsachs bone loss-Miraj Arthroscopic course july 215
132. Meniscal root repair- Miraj Arthroscopic course july 2015
133. Live surgery demonstration-Laprade posterolateral corner reconstruction- Miraj Arthroscopic course july 2015
- 134 High tibial osteotomy in malunited tibial condyle fractures-Arthropreserve Chennai Aug 2015

135 Live surgery demonstration on Meniscal root repair- Arthropreserve Chennai Aug 2015

136 Role of synovectomy in Rheumatoid arthritis -IORCON MADURAI sept 2015

137 HTO in Osteoarthritis- IORCON MADURAI sept 2015

### **Publications**

1. S. Rajasekaran, S. R. Sabapathy, J. Dheenadhayalan, S. R. Sundararajan, H. Venkatramani, A. Devendra, P. Ramesh, K. P. Srikanth Ganga hospital open injury score in management of open injuries European Journal of Trauma and Emergency Surgery November 2014
2. Srikanth.k, Sundararajan S R Rajasekaran s.Late Recovery is possible in Cerebral fat embolism – A case Rreport. Jan 2014 Indian journal of Orthopaedics
3. Sundararajan S.R, Rajasekaran S.Leo Bernard “ Displaced anterior cruciate ligament avulsion fractures:Arthroscopic Staple Fixation . Indian Journal of orthopaedics.july 2011,vol45 no 324-329
4. Sundararajan S R., Srikanth.K.P, Rajasekaran S Neglected Patellar Tendon Ruptures – A simple modified reconstruction using Hamstrings Tendon Graft. NOV 2013 International Orthopaedics
5. S Rajasekaran, A Devendra, A.Perumal, J Dheenadhayalan and S R SUNDARARAJAN - Initial management of open fractures -Textbook ROCKWOOD GREEN
6. Dhanasekar Raja, Sundararajan S R., Rajasekaran S,Tibial shaft fractures-Textbook of Dr Kulkarni
7. K Karthik1, SR Sundararajan2, J Dheenadhayalan3, S Rajasekaran4 Indian Journal of orthopaedics year 2011

Incongruent reduction following post-traumatic hip dislocations as an indicator of intra-articular loose bodies: A prospective study of 117 dislocations

8. Rajasekaran S, Dheenadhayalan J, Shetty A.P, Sundararajan SR, Kumar M, Raja Sabapathy S. A Score for predicting salvage and outcome in Gustilo type III-A & type III-B open tibial fractures. JBJS 2006: Volume 88-B, No.10, October 2006.

9. Rajasekaran S, Dheenadhayalan J, Babu J N, Sundararajan SR, Venkatramani H, Raja Sabapathy S. Immediate primary skin closure in type-III A and B open fractures – Results after a minimum of five years. J Bone Joint Surg [Br] 2009;91-B:217-24.
10. Sundararajan S.R, Rajasekaran S. A Study On Surgical Management Of Segmental Fractures Of Forearm In 20 Cases. Journal of Tamilnadu Orthopaedic Association, Volume 28 Pg: No: 89-93, 2002.
11. Neglected stress fracture Navicular and review of literature- Dr S R Sundararajan, Dr Pradeep, Dr S Rajasekaran Accepted for publication in APOA Foot and ankle journal
12. "Is height the best predictor for adequacy of semitendinosus alone ACLR? A study of hamstring graft dimensions and anthropometric measurements"  
Sundararajan S.R, Ramakanth , Rajasekaran S.  
International Orthopaedics July 2015

### **Memberships**

1. Active member in ISAKOS
2. Member ESSKHA
3. Life member IFAS
4. Life member in world orthopaedic council
5. Life member in Indian orthopaedic association
6. Life member in Tamilnadu orthopaedic association
7. Life member in Coimbatore orthopaedic association
8. Life member in Indian medical association
9. Life member in Indian arthroscopy association
10. Life member in National association of inter-locking surgeons